

Cape To Cape Track

5 Day Highlights Tour

Distance: 52km Duration: 5 Days / 4 Nights



Complete highlights of one of the world's great coastal walks with Inspiration Outdoors. The Cape to Cape Track meanders 135km between Cape Naturaliste and Cape Leeuwin, sometimes along the beach, sometimes along cliff-tops, but nearly always with a view of the wonderful Margaret River coastline.

By carrying only a daypack, and walking the track in graded stages, people with a moderate level of fitness should be able to complete the walk. Preparation will make the experience all the more enjoyable. Excellent food, comfortable accommodation and knowledgeable guides will complement your trip.

Level: **Easy**

Give us a call if you have any questions!
08 8 6219 5164 or walk@inspirationoutdoors.com.au

2018 DEPARTURES:

Spring 2018

10-14 October 2018

22-26 October 2018

What our guests say:

"I walked the Cape to Cape early September and can not recommend it enough. Imogen and Anna were amazing and looked after us all so well. The walk was very well organized, a few nice surprises along the way were provided. Our accommodation was wonderful and after a hard day walking so nice not to have to worry about packing /unpacking. The meals were all healthy and well prepared. Imogen and Anna went above and beyond to ensure our holiday was the best it possibly could be, nothing was too much trouble even attended to our blisters. Thank you all for an amazing trip and hope to see you again soon."

ckc01, Hobart, TAS - Trip Advisor Oct 2017



Itinerary

Your guides will accompany you each day as you walk between 7 and 16 km. The highlights tour has been designed to give guests a taste of walking the Cape to Cape Track without actually completing the whole 135km. While the specific walks and distances we have chosen are relatively easy and achievable to those with a moderate level of fitness you are always welcome to take a day off from walking if you choose. We will try to help you find suitable alternative activities if you desire. The itinerary plan may alter depending on local conditions and weather.



Day 1

Drive from Perth, walk around
Cape Naturaliste
Distance: 7km

We leave the big smoke behind and head 'down south', departing Perth at 8.30 am. We'll enjoy a picnic lunch before we start our first spectacular walk.

There are a few rocky and hilly challenges early on but the deeply dissected red granite boulders and the turquoise oceans beyond are worth the effort. After a full day, we head to our accommodation in Margaret River for a wine before dinner.

Note: As we walk on the first afternoon, you will need to wear your walking clothes on the bus and have your day pack (water, camera etc) ready to go.

Day 2

Yallingup to Injidup
Distance: 9km

Walking out of the stunning surfing village of Yallingup, this is one of the most beautiful sections of track.

There is definitely some challenge to the walking, with some rocks and a beach stretch, however the distance is fairly easy.

Given the earlier finish, we will have time to visit some local wineries in the afternoon, as well as a look around the town of Margaret River.



Day 3

Moses Rock to Gracetown
Distance: 16km

A fairly full day of easy going walking today. There are a few hills and some sandy patches but the terrain is generally fairly easy. The magnificent sweeping views of the coast from cliff-top vantage points, the towering red rocks of Willyabrup, as well as some 'gnarly' surf breaks will have you enchanted all day.

We'll finish in the small township of Gracetown where you might enjoy a refreshing swim in the sheltered bay. After the walk, we will head to a local botanical artist gallery to view her stunning studio and "Chapel of Flowers".

Day 4

Redgate Beach to Contos or
Boranup Forest
Distance: 12km option

We'll start with a short beach walk along the beautiful Redgate Beach before we make our way to Bob's Hollow, where we can explore the awesome limestone crags and caverns. Climbing out of Bobs Hollow brings us to the clifftops above Contos Beach and Cape Freycinet. Here the Cape to Cape weaves through thick coastal vegetation and delivers some spectacular coastal views over the turquoise waters below.

The afternoon will be into the beautiful Karri forest. A wonderful experience to finish the day.

Day 5

Walk into Cape Leeuwin,
Return Drive to Perth
Distance: 8km

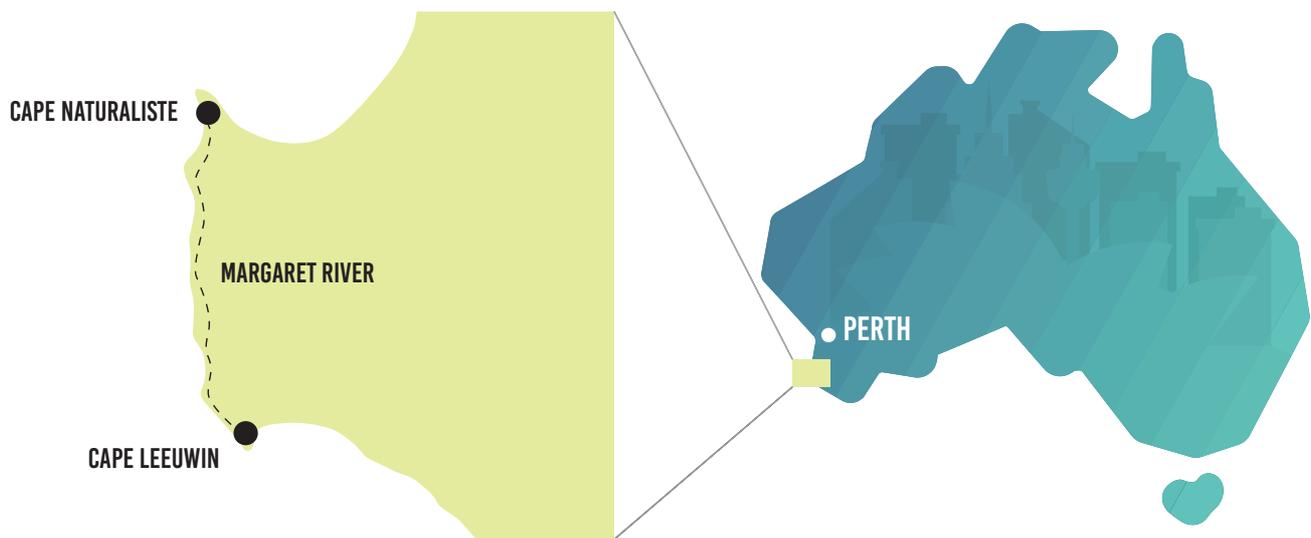
Our final walk for the tour, is the 8km walk into Cape Leeuwin, where the Southern and Indian Oceans meet. It is a very pretty area and is a lovely way to finish your Cape to Cape experience.

After lunch in Augusta, we board the bus one last time for the drive back to Perth where we should arrive by about 5 pm.

Note: Times are estimates only. The itinerary may be altered depending on local conditions and weather.



CAPE TO CAPE TRACK, WA. NEAREST AIRPORT: PERTH



The Fine Details

Cost: \$1,590 per person

(\$1,870 single supplement)

What's included:

- All transport: private coach transport to and from Perth; as well as transport to and from the track each day
- Professional guiding and support each day
- Emergency support: guides carry satellite phones and a full first aid kit
- 4 night's comfortable accommodation
- 4 healthy breakfasts – cereal, fruit, yogurt, toast
- 5 morning teas, carried by your guide
- 4 lunches – some packed and some delivered picnics
- Pre-dinner nibbles each night
- 4 delicious two course dinners
- Excellent itinerary and planning drawn from 14 yrs experience

Where do we start from?

The tour starts and finishes in the Perth CBD. We pick up our guests from the Wellington Street Tourist coach stand on Murray Street at 8:30am on the morning of the departure. We can also pick up from Fremantle, please advise us when

booking if you would like this option. In the weeks prior to the tour we will provide you with a map to this location.

As we are walking on the first day of the tour, it is not advisable to fly into Perth on the morning of the tour departure. We recommend staying (at least, it's a great city) one night in Perth before the tour. At the end of the tour, we generally return to Perth at around 5pm, and then on to Fremantle at 5:30pm.

If you are looking for accommodation in Perth close to the pick up spot, we recommend;

- The Ibis (on Murray Street)
- The Royal (on Wellington Street)
- Mantra on Murray (on Murray Street)
- Four Points by Sheraton (on Wellington Street).

All are within easy walking distance of the pick up spot.

Where do we stay?

Accommodation is allocated on a double or twin share basis. A limited number of single supplements are available for an additional \$280. Single supplements are not mandatory for solo travellers, we will room solo travellers with a fellow solo traveller of the same gender.

Each night we return to our accommodation in Gnarabup at "the Break - Margaret River Beach Houses". We will spread out over two or three houses and come together for breakfast and evening meals in one of the houses. We always stay in one location for the duration of the tour. This means that you can unpack your bags once and just relax each evening.

Dietary requirements?

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for all dietary requirements and will make sure you are well fed and looked after on tour.

Average Temperature (degrees):

Spring Departures:

Sep: 8 min - 18 max

Oct: 9 min - 19 max

What's the average age of walkers?

The average age of our guests are between 55-75 years young but we welcome any adult on our tours.

Ready to book?

Your next adventure is two steps away...

- Jump onto our website www.inspirationoutdoors.com.au, find your tour in the menu and click on the orange button in the top right hand corner that states, 'CheckAvailability/Book Now' alternatively call us on **08 6219 5164** (international calls dial **+618 62195164**) or email us at walk@InspirationOutdoors.com.au.

- Pay a \$350pp deposit to secure your booking (full payment is required six weeks prior to departure or at time of booking if booking within six weeks).

Just in case...

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

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