Great Ocean Walk Guided Walking Tour Level: Moderate

Any questions? Call us on 08 6219 5164



Great Ocean Walk

Distance: end to end -104km Duration: 7 Days / 6 Nights



One of Victoria's most iconic walks, the Great Ocean Walk meanders through spectacular national parks full of tall forests, coastal heathlands, wild rocky shores, river estuaries and windswept cliff-tops presenting amazing coastal views - nature truly unfolds around every bend. Carry only a day pack as you enjoy the amazing sights of one of Australia's greatest multi-day walks.

By walking the 104 km Great Ocean Walk as a series of day walks in graded stages, people with a moderate level of fitness can complete the walk. Excellent homemade food, comfortable lodge style accommodation and knowledgeable guides will complement your trip.

Join us on a Great Ocean Walk end to end tour this year and tick this amazing walk off your bucket list. It's a challenging but achievable walk which you'll look back on with a great sense of satisfaction.

Level: Moderate

A guide will accompany you each day as you walk between 8 and 23 km. There's no easy days on the Great Ocean Walk; but, with a moderate level of fitness, they are all enjoyable! There are some steep sections, and a bit of beach walking, which can be challenging, so we recommend training.

Each day we will resume the walk from where we finished the previous day. Please note that on some days there are options to walk half a day; and you are always welcome to take a day off.

Give us a call if you have any questions! 08 8 6219 5164 or walk@inspirationoutdoors.com.au

What our guests say:

"Fabulous walk over 6 days walking through some of the most beautiful Coast in Australia. Organisation by Inspiration Outdoors was exemplary - felt very comfortable as a single participant with such a friendly group of fellow walkers and great guides. Accommodation, food, company and informative commentary was fantastic. Would definitely recommend and will be doing more walking tours in the future with this great company." -Trip Advisor, Nov 16

2020 DEPARTURES:

AUTUMN 1 - 7 March 2020 11 - 17 March 2020 1 - 7 April 2020 16 - 22 April 2020 24 - 30 April 2020

SPRING Coming soon





Itinerary

Day 1 Apollo Bay to Shelly Beach Distance: 8km

We depart Melbourne CBD at 8am, heading for the spectacular Great Ocean Road and Apollo Bay – the start of the Great Ocean Walk. Enjoy the first of many fresh picnic lunches for the week, get to know your walking companions and see if you can spot some Australian Fur Seals out on the rocks.

The walk today is relatively easy with some short sections of beach walking and a few hills. Keep an eye out for Koalas near Shelly beach!

Note, as we walk on the first afternoon, please wear your hiking clothes on the bus and bring your day pack ready to go. After our walk the bus will meet us at Shelly Beach carpark and we will drive to the accommodation.

Day 2 Shelly Beach to Parker Hill Distance: 21km

Today the walk starts off by heading away from the coast and into towering forest of Mountain Ash, a characteristic feature of this part of the Great Otway National Park.

There are a few hills to negotiate before re-joining the coast at Blanket Bay. Blanket Bay is one of the few safe swimming locations along the walk.

After a picnic lunch at Blanket Bay the track then meanders along cliff tops and through coastal forests to Parker Inlet. Look out for black wallabies, echidnas, black cockatoos and other wildlife along the way. We end our walk at the top of Parker Hill.

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Day 3 Parker Hill to Castle Cove Distance: 23km

Our path this morning will take us inland through manna gums towards the Cape Otway Lightstation. Keep an eye out for more Koalas along this section.

From the Lighthouse the track winds its way through wind sculpted landscapes of sand dunes, coastal scrubland and magnificent calcified cliffs. As we come closer to Aire River Valley we will get some fantastic views down to the estuary where the Aire River meets the Southern Ocean and Glenaire Beach.

From Aire River we head inland for a bit, climbing up and around the next headland before rejoining the coastal track, with sweeping views of the rugged coastline. We end our day at Castle Cove lookout, surrounded by towering cliffs which have high archaeological significance.

Day 4 Castle Cove to Milanesia Beach Distance: 17km

A very varied day today, as we walk from Castle Cove along cliff tops, through heath-lands and forests, occasionally emerging to give breathtaking views along the extensive coast. Beautiful expanses of grass trees and, in spring, wonderful wildflower displays. You may be lucky to see Peregrine Falcons along this section.

Eventually the path emerges onto Johanna Beach, where we walk along one of Australia's best beaches with superb views and enormous crashing surf. From Johanna Beach the path heads through rolling hills inland, where you can expect to see Eastern Grey Kangaroos, towards Milanesia Gate.



valley which will lead us to The Gables Lookout. The Gables lookout is perched on one of the highest sea cliffs in mainland Australia, where will end today's walk.

Day 5 Milanesia Beach to the Gables Distance: 16km

The first highlight today is Milanesia Beach, which is one of those secret beaches not many people get to. The track then cuts through and alternates between farmland and isolated beach and sea cliffs with a roller coaster of ups and downs to reach Ryan's Den. From here you'll have breathtaking views all the way back to Cape Otway and west to Cape Volney.

From Ryan's Den the trail then continues through coastal forests over Cape Volney towards Moonlight Head. After a steep climb up to Moonlight Head the track dips down into a

Day 6 Gables to Gibson Steps Distance: 18km

Today we will continue our walk from The Gables through a grove of casuarina trees to Wreck Beach. Here, at low tide, you can see the anchors of two of the many shipwrecks that lie submerged along this coast. The high tide route will take us to Devils Kitchen, where we will then follow the trail that hugs the wild coastal cliffs towards Princetown.



The wetlands around Princetown support a wide variety of bird life, where we will cross the Gellibrand River on a trestle bridge to embark on one of our last sections to the 12 Apostles. A pleasant walk through coastal scrub and escarpment will start to reveal stunning views of the looming Apostles. We will end our walk today just before Gibson's steps.

Day 7 Gibson Steps to 12 Apostles Distance: 1km

This morning we take the short walk from just before Gibson steps to the Twelve Apostles visitor centre – the end of the Great Ocean Walk!

Here you'll have time to wander the boardwalks and viewing platforms before the rush of the crowds. Included in your tour is a 15 minute helicopter flight to see the spectacular coastline and the 12 Apostles from the air.

After stopping in at the fabulous Loch Ard Gorge for morning tea we will head in to the quaint coastal town of Port Campbell for a look around. Pick up some take-away lunch (own expense) before we make our way back to Melbourne, arriving by late afternoon.

The Fine Details

Cost: \$2,355 per person

(\$2,755 single supplement)

What's included:

- All transport: private coach transport to and from Melbourne; as well as transport to and from the track each day
- Professional guiding and support each day
- Emergency support: guides carry satellite phones and a full first aid kit
- 6 night's comfortable accommodation
- 6 healthy breakfasts cereal, fruit, yogurt, toast
- 7 morning teas, carried by your guide
- 6 lunches some packed and some delivered picnics
- Pre-dinner nibbles each night
- 6 delicious two course dinners
- Excellent itinerary and planning drawn from 14 yrs experience



Image: Cape Otway Lightstation

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GREAT OCEAN WALK, VIC. NEAREST AIRPORT: MELBOURNE



Where do we start from?

The tour starts and finishes in the Melbourne CBD. We depart at 8.00am from Southern Cross Station on all departures, due to extensive road works around the NGV.

ALL DEPARTURES: We depart at 8.00am from Southern Cross Station. There is a loading zone out front of The Age building, which is opposite the south facing side of Southern Cross Station on Collins St. As you walk along Southern Cross Station on Spencer St heading towards Collins Street, cross the road at the lights and turn right up along Collins St towards The Age building. You will see a small park on your left, at the end of this little park and at the entrance of The Age building there is a Loading Zone, this is where we can park the bus, <u>click here</u> for a map.

With an early departure, we recommend a night in Melbourne for those coming from interstate or overseas. We recommend to our guests the following hotels. All are within easy walking distance from the pick up location.

- Travelodge Southbank on Southgate Ave
- · Mantra Southbank on City Rd
- Rendezvous Hotel Melbourne on Flinders St
- · Vibe Savoy Hotel Melbourne on Spencer St
- The Great Southern Hotel Melbourne on Spencer St
- * Please note that there may not be any shops or cafes open (especially for weekend departures) and we recommend organising breakfast the night before.

Average Temperature (degrees):

Autumn Departures:

Mar: 13 min - 24 max Apr: 10 min - 21 max

Spring Departures:

Oct: 9 min - 19 max Nov: 10 min - 20 max



Image: Johanna Seaside Cottages

Where do we stay?

We stay at the Johanna Seaside Cottages and Loch Ard Motor Inn for this trip. We stay at two locations to ensure shorter drives to the start of the walks as we go along. This will also allow you to feel at home and only have to repack once between locations.

At the Johanna Seaside Cottages we spread out over several cottages – nestled along the coast beside the beach, with stunning sun-set views. Great Ocean Walk Guided Walking Tour Level: Moderate

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Image: Johanna Seaside Cottages



Image: Loch Ard Motor Inn

At Loch Ard Motor Inn we spread out in double or twin share rooms. At both of our locations we will come together in one of the houses for breakfast and dinner each day.

Accommodation is allocated on a double or twin share basis. A limited number of single supplements are available for an additional \$400. Single supplements are not mandatory for solo travellers, we will room solo travellers with a fellow solo traveller of the same gender.

Dietary requirements?

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for all dietary requirements and will make sure you are well fed and looked after on tour.

What's the average age of walkers?

The average age of our guests are between 55-75 years young but we welcome any adult on our tours.

Ready to book?

Your next adventure is two steps away...

- Jump onto our website <u>www.inspirationoutdoors.com.au</u>, find your tour in the menu and click on the orange button in the top right hand corner that states, 'CheckAvailability/Book Now' alternatively call us on 08
 6219 5164 (international calls dial +618 62195164) or email us at <u>walk@InspirationOutdoors.com.au</u>.
- Pay a \$350pp deposit to secure your booking (full payment is required six weeks prior to departure or at time of booking if booking within six weeks).

Just in case...

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the

Image: Loch Ard Motor Inn

notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- · less than 2 weeks: 100% of full tour cost, no refund

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

Stay inspired...

Like us on **Facebook** and follow us on **Instagram** so you can stay up to date with photos from the trail, competitions and tour updates.

Facebook: Inspiration Outdoors Instagram: Inspiration_Outdoors