

Cape To Cape Track

4 Day Highlights Tour

Distance: 39 km Duration: 4 Days / 3 Nights



Enjoy the highlights of one of the world's great coastal walks with Inspiration Outdoors. The Cape to Cape Track meanders 135km between Cape Naturaliste and Cape Leeuwin, sometimes along the beach, sometimes along cliff-tops, but nearly always with a view of the wonderful Margaret River coastline.

By carrying only a daypack and returning to comfortable lodgings each evening, people with a moderate level of fitness should be able to complete the walks. Preparation will make the experience all the more enjoyable. Excellent food, comfortable accommodation, a cave and winery visit and knowledgeable guides will complement your trip.

Level: *Easy/Moderate*

Give us a call or send us an email if you have any questions!

08 6219 5164 or walk@inspirationoutdoors.com.au

What our guests say:

"Such a beautiful part of the world to be able to walk through and admire. I cannot praise our guides enough, in making this trip a wonderful experience. They felt like family but treated us like royalty from the moment we met. Every request was considered and where possible, achieved. The walk itself is very do-able, especially when carrying a day pack only. The food was amazing, the accommodation very comfortable and some little off-track side trips made this holiday more than just the walk itself. Inspiration Outdoors' communication throughout the booking process and lead up to the trip was more than adequate. Thank you"

2019 - Trip Advisor



Itinerary

Your guides will accompany you each day as you walk between 8km to 16 km. The highlights tour has been designed to give guests a taste of walking the Cape to Cape Track without actually completing the whole 135km. While the specific walks and distances we have chosen are relatively easy and achievable to those with a moderate level of fitness, you are always welcome to take a day off from walking if you choose. We will try to help you find suitable alternative activities if you desire.

The itinerary plan may alter depending on local conditions and weather.

Day 1

Drive from Perth, walk around
Cape Naturaliste
Distance: 10km

We leave the big smoke behind and head 'down south', departing Perth at 8.30 am. We'll enjoy a picnic lunch before

we start our first spectacular walk. There are a few rocky and hilly challenges early on but the deeply dissected red granite boulders and the turquoise oceans beyond are worth the effort. After a full day, we head to our accommodation in Margaret River for a wine before dinner.

Note: As we walk on the first afternoon, you will need to wear your walking clothes on the bus and have your day pack ready to go with water, camera and raincoat.

Day 2

Moses Rock to Gracetown
Distance: 16km

A truly stunning day of walking today. There are a few hills and some sandy patches but the terrain is generally easy. The magnificent sweeping views of the coast from cliff-top vantage points, the towering granite cliffs of Willyabrup, as well as some 'gnarly' surf breaks will enchant you today.

Our walk ends in the small township of Gracetown, where you can enjoy a refreshing swim in the sheltered coastal

waters of Cowaramup Bay. To top off your journey today, we will pay a visit to 'The Chapel of the Flowers' - where local artist, Patricia Negus, takes us through her rustic mud brick art gallery. A lovely way to finish the day!

Day 3

Redgate Beach to Contos
Distance: 8km

Today, we start with a short beach walk along the beautiful Redgate Beach before we make our way to Bob's Hollow, where we can explore the awesome limestone crags and caverns. Climbing out of Bobs Hollow brings us to the clifftops above Contos Beach and Cape Freycinet. Here the Cape to Cape weaves through thick coastal vegetation and delivers some spectacular coastal views over the turquoise waters below.

Given the earlier finish, we will have time to head back to the accommodation to freshen up before we visit some local wineries in the afternoon, as well as having a look around the town of Margaret River.

Day 4

Walk into Cape Leeuwin,
Return Drive to Perth
Distance: 5km

No visit to the Margaret River region would be complete without experiencing one of the many caves that underlie this area. This morning we explore Jewel Cave. This 1.9 kilometre long, 42 metre deep cave is one of Margaret River's most beautiful caves.

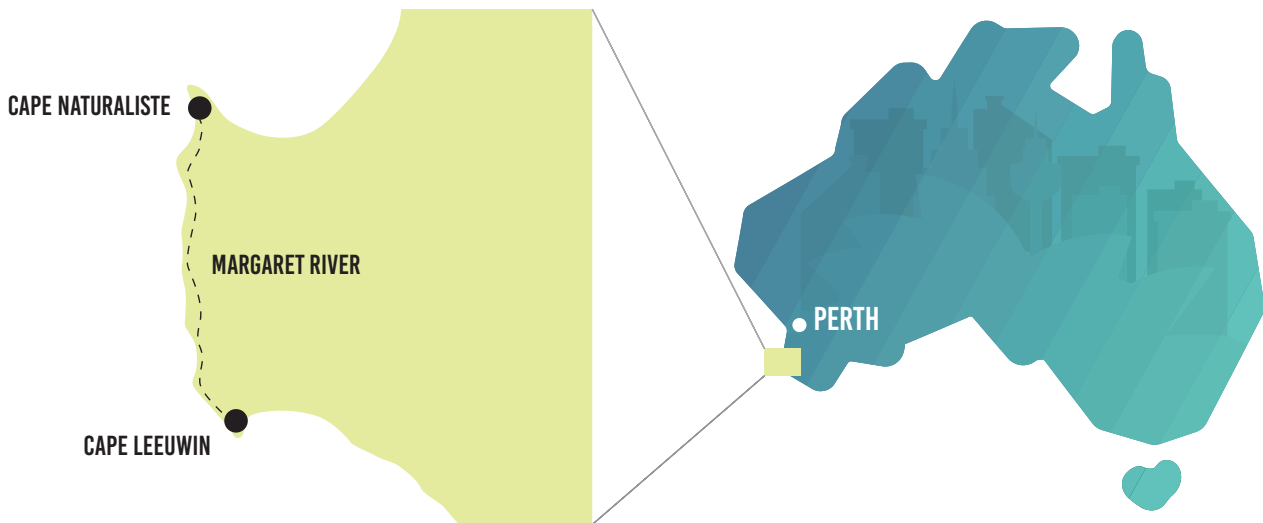
Our final walk for the tour, is a short 3km walk to the Cape Leeuwin lighthouse, where the Southern and Indian Oceans meet. It is a very picturesque area and is a lovely way to finish your Cape to Cape experience.

After lunch in Augusta, we board the bus one last time for the drive back to Perth where we should arrive by about 5 pm.

Note: Times are estimates only. The itinerary may be altered depending on local conditions and weather.



CAPE TO CAPE TRACK, WA. NEAREST AIRPORT: PERTH



The Fine Details

Cost: \$1,350 per person (twin share)

\$1,525 single supplement

What's included:

- All transport: private coach transport to and from Perth; as well as transport to and from the track each day
- Professional guiding and support each day
- Emergency support: guides carry satellite phones and a full first aid kit
- 3 night's comfortable accommodation
- 3 healthy breakfasts – cereal, fruit, yogurt, toast
- 4 morning teas, carried by your guide
- 4 lunches – some packed and some delivered picnics
- Pre-dinner nibbles each night
- 3 delicious two course dinners
- Excellent itinerary and planning drawn from 20 yrs experience

Where do we start from?

The

tour starts and finishes in the Perth CBD. We pick up our guests from the Wellington Street Tourist coach stand at 8:00am on the morning of the departure. We can also pick you up earlier from Fremantle - please advise us when booking if you would like this option. In the weeks prior to the tour we will provide you with a map to the pick up locations.

As we are walking on the first day of the tour, it is not advisable to fly into Perth on the morning of the tour departure. We recommend staying at least (it's a great city) one night in Perth before the tour. At the end of the tour, we generally return to Perth by around 5pm, and then on to Fremantle by 5:30pm.

If you are looking for accommodation in Perth close to the pick up spot, we recommend;

- The Ibis (on Murray Street)
- The Royal (on Wellington Street)
- Mantra on Murray (on Murray Street)
- Four Points by Sheraton (on Wellington Street).

All are within easy walking distance of the pick up spot.

Where do we stay?

Accommodation is allocated on a double or twin share basis. A limited number of single supplements are available for an additional \$175. Single supplements are not mandatory for solo travellers, we will room solo travellers with a fellow solo traveller of the same gender.



Each night we will return to our accommodation at the Margaret River Motel. It is a delightful motel with lovely hosts and only a short walk from town.

Dietary requirements?

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for most dietary requirements and will make sure you are well fed and looked after on tour.

Average Temperature (degrees):

Autumn Departures: **Mar:** 13 min - 26 max

Apr: 11 min - 23 max

Spring Departures: **Sep:** 8 min - 18 max

Oct: 9 min - 19 max

What's the average age of walkers?

The average age of our guests are between 55-75 years young but we welcome any adult on our tours

Ready to book?

Your next adventure is two steps away...

- Jump onto our website www.inspirationoutdoors.com.au, find your tour in the menu and click on the orange button in the top right hand corner that states, 'CheckAvailability/Book Now' alternatively call us on **08 6219 5164** (international calls dial **+618 62195164**) or email us at walk@InspirationOutdoors.com.au.
- Pay a \$350pp deposit to secure your booking (full payment is required six weeks prior to departure or at time of booking if booking within six weeks).

Just in case...

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

Stay inspired...

Like us on **Facebook** and follow us on **Instagram** so you can stay up to date with photos from the trail, competitions and tour updates.

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