

Blue Mountains 4-Day Walking Tour

Distance:- 40km Duration: 4 Days / 3 Nights



This 4 day active walking tour of the Blue Mountains is jam packed with the highlights of the region! While we do sneak in a few tourist attractions of the Blue Mountains, like the famous Three Sisters Lookout, this tour is predominately about exploring one of Australia's most iconic walking destinations.

The Blue Mountains boasts a walkers dream of ancient, thick forests, sheer cliffs, cool deep valleys, impressive canyons with hanging gardens and lookouts presenting rolling ranges as far as the eye can see. During your 4 day tour you will leave the tourist scene behind and complete some unique and picturesque walks including the Ruined Castle and the cool, fern lined depths of the Blue Mountains very own Grand Canyon.

While there is a lot of walking in and out of steep gullies, the tour is easily achievable to those with a moderate level of fitness. Carrying only a day pack, the walks are generally short and the trails well maintained. As a guided walking tour you will also have the assistance and knowledge of guides to help you through any challenging sections.

This is a fully catered and lodge accommodated walking tour. Each night your group will return to the centrally located Echo Point Village (you can literally look out over the Three Sisters from the cosy living room) and a delicious home-cooked meal.

Escape to the Blue Mountains and see why it is one of Australia's most iconic walking destinations!

Level: *Moderate/Hard*

Give us a call if you have any questions! **08 8 6219 5164** or
walk@inspirationoutdoors.com.au



Itinerary

Day 1

Wentworth Falls & Katoomba Cascades – Gordon Falls, Approx: 9km

We depart Sydney CBD at 8am, heading for the beautiful Blue Mountains. Enjoy a delicious morning tea at Wentworth Falls village while getting to know your walking companions after which we enjoy a walk around to Wentworth falls themselves.

After a short drive to Katoomba we will be treated to a special lunch in the historic Carrington Hotel. After lunch our walk will take us past the famous Echo Point lookout (Three Sisters) and a 5km stretch along Prince Henry Cliff Walk to Leura. The walking today is relatively easy, whilst taking in some of the highlights of the area. The cliff walk offers great views to Mount Solitary and the various valleys deep below.

Note, as we walk in the morning and the afternoon, please wear your hiking clothes on the bus and bring your day pack ready to go.



Day 2

Ruined Castle – Distance: 14km

After a short drive the walk starts off at Scenic World Katoomba, where we quickly leave the tourist scene behind. Descending down the historic Furber Steps, we get close to the impressive cliffs and waterfalls, and into lush wet sclerophyll forest.

After the descent, the trail skirts the base of the cliffs; there is a bit of rock to negotiate, but generally a comfortable walk, with changing vegetation and forest types. We enjoy morning tea on the trail and lunch at Ruined Castle, with sensational views to Mount Solitary and across the Jamison valley. We return via the same trail for a short while after lunch before ascending out of the valley on the famous Golden Stairs for a change of scenery. Just as steep and scenic as the Furber Steps at the beginning of the day, but they actually happen to be a shorter ascent. Bonus!

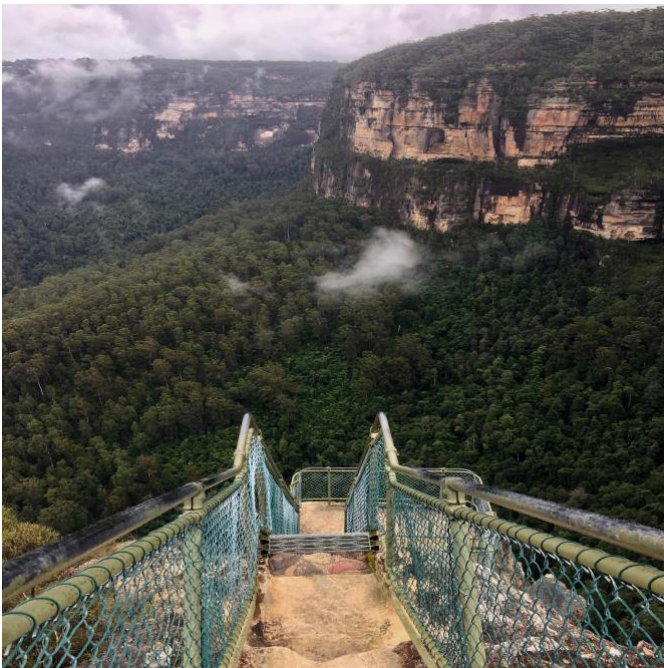
Day 3

Pulpit Rock to Grand Canyon

Distance: 10km

These two walks together create the ultimate Blue Mountains walk. Starting at Pulpit Rock and its amazing lookout platforms, the track heads along the tops of cliffs looking over Grose Valley. Enjoy a series of lookouts and small grottos until we reach Govetts Leap Lookout. Govetts Leap is a great location for a delicious morning tea along the way. After morning tea we make our way to the Grand Canyon area, from where we will head down into the absolutely remarkable Grand Canyon. A wonderful world of hanging gardens, rocky creeks and fern-lined gullies. It really is one of the best walks in Australia. There is some rock hopping in the valley but a very doable and outstanding trail.

After the sensational canyon walking we have to ascend out of there! Finishing at Evans Lookout, it's a flat stroll back to the bus that's waiting to take you back for a warm shower and a hearty meal at your accommodation in Katoomba. This day offers some of the best walking in Australia.



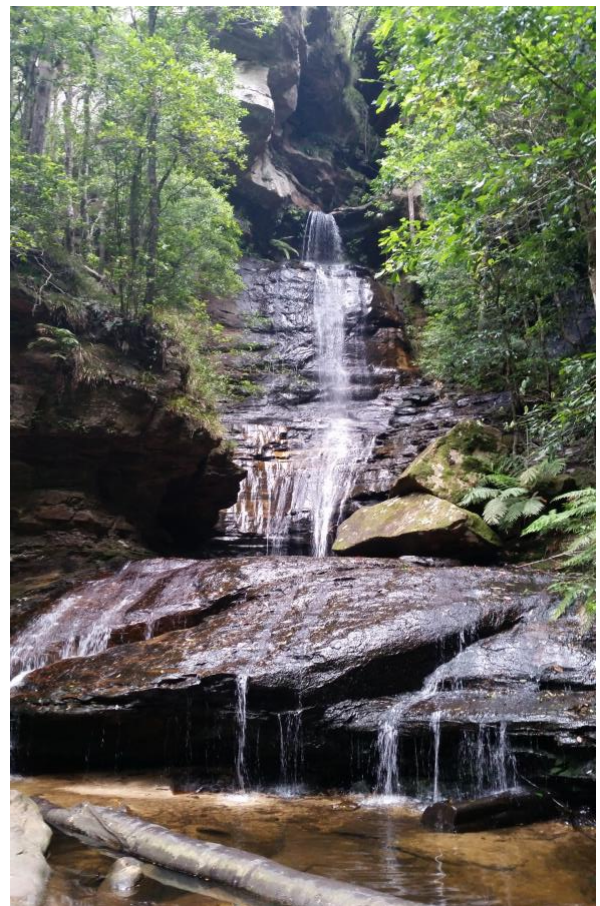
Day 4

Pierce's Pass – Grose Valley

Distance: 6km

After a scenic drive to Pierces Pass we head to a very quiet part of the Blue Mountains, Grose River Valley. The walk starts off with tree ferns and cliffs, and an easy descent into beautiful Eucalypt forest. As we get a bit closer to the river it gets a bit steeper – which means the descent also can be challenging - but the views of the peaceful valley are well worth it.

At the river there are some spots for us to enjoy and soak up the stunning scenery before the ascent, and a return to the city beckons. The drive to Sydney is about 2.5 hours from Pierce's Pass carpark.



The Fine Details

Cost: \$1,710

(\$250 single supplement)

What's included:

- All transport: private coach transport to and from Sydney; as well as transport to and from the track each day
- Professional guiding and support each day
- Emergency support: guides carry satellite phones and a full first aid kit
- 3 night's comfortable accommodation
- 3 healthy breakfasts – cereal, fruit, yogurt, toast
- 4 morning teas, carried by your guide
- 4 lunches
- Pre-dinner nibbles each night
- 3 delicious two course dinners
- Excellent itinerary and planning drawn from 14 yrs experience

Where do we start from?

The tour starts and finishes in the Sydney CBD.

We depart at 8.00am from the back entrance of the Four Seasons Hotel on Harrington St.

With an early departure, we recommend a night in Sydney for those coming from interstate or overseas. We recommend to our guests the following hotels. All are within easy walking distance from the pick up location.

- Four Seasons Hotel. (This is where the pickup location is but the accommodation is relatively pricey)
- The Russell Boutique Hotel
- Sydney Harbour Bed & Breakfast
- Quay West Suites Sydney

Average Temperature (degrees):

April: 9 min - 17 max

May: 6 min - 13 max

August: 3 min - 11 max

September: 5 min - 14 max

Where do we stay?

We stay at the picturesque Echo Point Village, looking over Echo Point (Three sisters) in Katoomba. You can't get any closer to the action than this! Echo Point Village has a range of very comfortable villas and a fantastic communal house with open plan lounge and dining; also a great kitchen for our guides to shine in.

We will come together at the big house for breakfast and dinner each day.

Accommodation is allocated on a double or twin share basis with shared bathrooms.

A limited number of single supplements are available for an additional \$250. Single supplements are not mandatory for solo travelers, we will room solo travelers with a fellow solo traveler of the same gender.



Dietary requirements?

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for all dietary requirements and will make sure you are well fed and looked after on tour.

What's the average age of walkers?

The average age of our guests is between 55-75 years young but we welcome any adult on our tours.

Ready to book?

Your next adventure is two steps away...

- Jump onto our website www.inspirationoutdoors.com.au, find your tour in the menu and click on the orange button in the top right hand corner that states, 'CheckAvailability/Book Now' alternatively call us on **08 6219 5164** (international calls dial **+618 62195164**) or email us at walk@InspirationOutdoors.com.au.
- Pay a \$350pp deposit to secure your booking (full payment is required six weeks prior to departure or at time of booking if booking within six weeks).

Just in case...

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.